

The traditional Slovenian breakfast 2023

The traditional Slovenian breakfast is the central event of the Slovenian Food Day, which is celebrated on the third Friday in November. This year it will take place on Friday, 17 November. The main goal of the event is to support Slovenian food producers and encourage self-sufficiency with quality local food.

Bread

According to the latest data, a resident of Slovenia consumed almost 27 kg of bread and other bakery products at home. The average price of (white, semi-white or brown) bread was EUR 2.87 per kilogram. In September this year, a kilogram of bread was 9.5% more expensive than a year ago. Last year, on average 116 kg of grain per resident was available for consumption, and the country was 72% self-sufficient.



Butter

Last year, on average EUR 10.05 had to be paid for a kilogram of butter. In September this year, butter was 3.9% cheaper than a year ago. Last year, Slovenia produced 2,475 tonnes of butter and dairy spreads. It exported 307 tonnes and imported 2,741 tonnes.

Honey

Last year, on average 1 kg of honey per resident was available for consumption. The average price of a litre of flower honey was EUR 9.25. In September this year, products from the group of jams, marmalades and honey were 14.5% more expensive than a year ago.

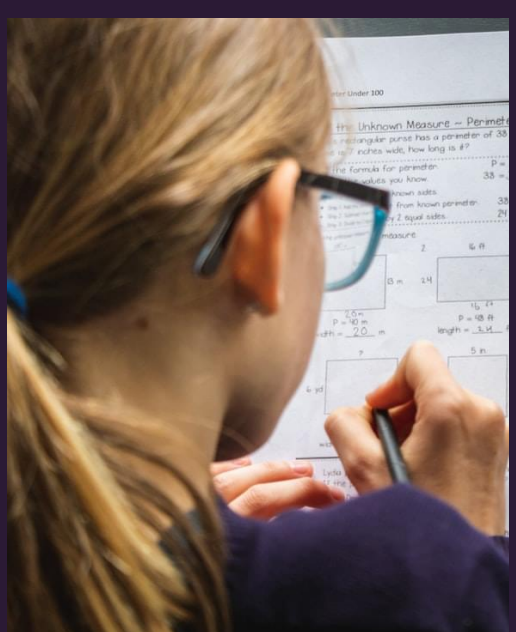


Milk

Last year, the average price for a litre of long-life whole milk was EUR 1.00. In September this year, a litre of milk was 7.5% more expensive than a year ago. According to the latest data, a resident of Slovenia consumed 43 litres of milk at home. Last year Slovenia produced almost 150,000 tonnes of drinking milk. It exported 293,629 tonnes of milk and imported seven times less, 40,285 tonnes.

Apples

Last year, a kilogram of apples cost EUR 1.51 on average. Slovenia produced 48,838 tonnes of apples in orchard plantations, and another 16,921 tonnes in extensive orchards. If this quantity were distributed among all the residents of Slovenia, each person would get 31 kg of apples grown in Slovenia. The country was 29% self-sufficient in fruit. On average, 134 kg of fruit per resident was available for consumption.



Schools and schoolchildren

Where and to whom will the traditional Slovenian breakfast be served? The project has been running since 2011 in kindergartens, schools and other public institutions. In the previous school year, 992 kindergartens in Slovenia were attended by 86,177 preschool children and 819 basic schools (with branches) by 197,062 schoolchildren.